



2020-2021 Athletics Code of Conduct

Mission Statement – Lifegate Athletics

We participate in athletic competition to honor and glorify God as we live and grow in the service of God and man.

We strive for victory in all that we do, first as servants of Jesus Christ, second in the classroom, and third on the playing field. We shall accept defeat as gracefully as we accept victory and treat our opponents as fellow brothers and sisters in Christ.

We work as a team, not only in competition, but also in cooperation to build Christian character, academic excellence, our school, our community and athletic success.

Athletics Code of Conduct

You, my brothers, were called to be free. But do not use your freedom to indulge the sinful nature; rather, serve one another in love. The entire law is summed up in a single command: “Love your neighbor as yourself.”

***Galatians 5:13-14
(New International Version)***

Maintaining God’s Standards

At Lifegate Christian School, we honor and respect the commitment and sacrifice you as a student-athlete, your teammates, your coaches and your parents have made for you to serve as representatives of our school through our athletic teams.

We also have the expectation that you will conduct yourself befitting a brother or sister in Christ and as a representative of Lifegate Christian School to our school family, in the community where we live, and to our opponents.

This **Athletics Code of Conduct** is not meant to replace the Lifegate Christian School Handbook but should be considered as an effort above and beyond

what is required of you as a valuable member of the Lifegate Christian School family.

A student-athlete is defined as a student involved in interscholastic athletic events. This definition includes student-athletes, student assistants, and cheerleaders. Home-school program students involved in athletics are also covered by this Athletics Code of Conduct.

1. TRUTH OR CONSEQUENCES

School Comes First. Your grades and class work come before sports and other extra-curricular activities. Do your homework when you should. Do not wait until the last day to do your homework or studies!

All practices and games are required. We know that circumstances will arise when you must miss a practice (vacation, illness, etc.). When this occurs the student-athlete is to inform his/her coach in advance. Coaches have the authority to assess punishment for late and missed practices. Our goal is to set schedules far enough in advance so that the student-athlete and his/her family are aware of our events and plan their schedules accordingly.

All student-athletes are to treat teammates and coaches with respect and courtesy. Behavior that puts other student-athletes, coaches and officials down or demonstrating lack of self-control will not be tolerated. Any such instance will result in the student-athlete being asked to leave the practice or the game. Such a request will be considered as an unexcused absence. Officials, opponents and fans are to be treated as if they were members of your own team.

We know that being part of this experience will require sacrifices, adjustments and extraordinary commitment on the part of the student-athletes, their families, and the coaches. However, we are working to achieve extraordinary team and individual success, which demands extraordinary effort on all our parts. In

return, we have an opportunity to create a positive experience that could affect our lives forever.

Student-athletes are constantly evaluated on their demonstration of coachability, hustle, mental and physical toughness, loyalty to team, unselfishness, and the desire to improve their skill. Our goal is to field a team of athletes that constantly demand more of themselves, than is demanded by the coaches.

In every game situation, **our teams play to win.** Game substitutions will be made with that in mind. However, there will be situations where a student-athlete may be pulled from a game, despite his or her ability to contribute. Examples of these situations include:

- † A student-athlete who exhibits unsportsmanlike conduct, or loses control, may be pulled. Further penalties will be left up to the coach.
- † Any other situation where the coach feels that removing a student-athlete will strengthen the team discipline and morale will result in the removal of the student-athlete.

The members of our teams are expected to work hard and with discipline, hustle, enthusiasm, teamwork, and dedication. This is not a goal, this is an expectation!

The administrator may remove any student from the athletic program, or participation on any school sponsored team, upon violation of any of the provisions of this handbook or athletic code of conduct.

- Teachers have the option of removing a student from an extracurricular practice at any time if the student is missing assignments for reasons other than an absence. Academic success is a priority over extracurricular participation, and students who have not met academic expectations do not receive the privilege of participating in extracurricular activities.
- Fees will not be refunded to those students who for any reason have been removed from the athletic program.

2. ACADEMICS

- In order to participate in extracurricular activities at LCS, students must maintain passing grades. If a student has not met the minimum academic eligibility rules at the end of each nine week quarter, he or she will become ineligible to practice, perform, or to play in

games or tournaments for a minimum period of three weeks, with grade checks being done after three weeks and six weeks of the next Nine Week grading period after failing a class(es).

- There will be a one week grace period, after the end of the nine weeks, for teachers to turn in grades. During the first 9 Week grading period, all students are academically eligible for the full 9 Week period as well as during the one week grace period following the 9 Week grading period.
- The following will be the eligibility grade check timing during the 2nd, 3rd and 4th Nine Week grading periods based on a previous Nine **Week grading period class(es) failure:**
- --At four weeks into the following Nine Weeks on Friday. If the student is passing the failed class(es), he or she will become eligible on * Monday, of the next (5th) week.
- --At seven weeks into the following Nine Weeks on Friday. If the student did not pass at the earlier grade check, the student can now become eligible if he or she is now passing failed class(es), beginning Monday of the next (8th) week of the following Nine Weeks
- A student will also be counted ineligible for exceeding discipline and attendance limits. When a student has received six lunch or afternoon detentions or has exceeded four unexcused absences without prior approval from the principal in a quarter, the student will be ineligible to compete or perform in, at a minimum, one event. A student on disciplinary probation is ineligible for extracurricular activities for the entire duration of the probation period.

3. SCHOOL ATTENDANCE

Student-athletes are expected to attend school all day when games are scheduled. Student-athletes are expected to arrive to all classes on time. Each student-athlete must attend all day unless excused by the Principal to be eligible to play that day (Student-athletes who are not present at school on the previous school day for a Saturday game will be ineligible to play on that Saturday game).

Student-athletes will be excused from class to attend athletic events where they participate. As a

general rule, student-athletes should remain in school when they are not participants in an athletic event. We ask that parents support our efforts that students are in class as many school days as possible.

If attending an athletic event requires that a student-athlete miss any classes, it is the responsibility of the student-athlete to contact those teachers in advance for assignments and make-up work.

4. CHRISTIAN CHARACTER/ATTITUDE/ BEHAVIOR/ LEADERSHIP

Every student-athlete at Lifegate Christian School should exhibit behavior as a good Christian role model to fellow students, faculty and others. All student-athletes are expected to follow the rules as outlined in the Lifegate Christian School Handbook. Detentions, suspensions, or other penalties assessed by the Principal or school faculty and staff may result in penalties that may affect participation in athletics.

Student-athletes at Lifegate Christian School are called to be leaders by word, deed and example. Each Head Coach has full discretion in the selection of team member(s) to serve as Team Captains. Team Captains are chosen for their ability to lead his/her teammates and our student body.

Each practice, pre-game and post-game team gathering will begin with a prayer.

When attending an athletic event, **you represent Lifegate Christian School**. This includes players, parents, fans, faculty, etc. This includes events where we are attending as spectators. All student-athletes are to behave as they would if they were at school. Actions that would not be tolerated during the school day will not be tolerated at an athletic event. Student-athletes that do not comply with school rules may be subject to disciplinary action, including detention, suspension or Saturday school. Ungodly actions by spectators at an athletic event may result in expulsion from the event and prohibiting attendance at future athletic events at the discretion of the Athletic Department and/or School Administration.

5. DRESS CODE

All student-athletes must be in compliance with the Lifegate Christian School dress code when they are at any school athletic function, home or away. Violations will be dealt with as are dress code violations during the school day. Student-athletes must comply with the Lifegate Christian School dress code and may be subject to other disciplinary action.

Coaches, assistant coaches and staff are expected to dress in a manner that will present a positive impression of Lifegate Christian School.

Each Head Coach may set a stricter dress code for their teams for travel, games and tournaments.

Athletic Practice Uniforms:

Athletic Practice uniforms will be issued. Uniforms should not be altered. All students must wear tennis shoes and socks during athletic practices. Students that do not comply will have consequences.

Team players are to wear uniform assigned attire on designated days as determined by coaches and principal. The coach and/or teacher will be responsible to enforce the approved attire.

6. TEAM PARTICIPATION

Lifegate Christian School is a small school and to be successful in our athletic events, we need to have as many students participate on teams as possible. While there is no "I" in team, there is "me."

While we know that you may favor one sport over the other, you are helping your fellow student-athletes who prefer another sport to succeed in their sport and you are helped when they help you succeed in your chosen sport. There are, of course, exceptions due to health concerns and other considerations.

The time to join the team is at the start of the practice season. Student-athletes will only be allowed to join the team during mid-season due to transfer, injury, or academic reasons which did not allow the student-athlete to join the team at the start of the season, or at the coach's' discretion. The coach, athletic director and principal must approve any mid-season additions. Their decision shall be final.

Student-athletes should participate in team sports with the expectation that they will participate for the entire season. Once a student-athlete leaves the team, they will not be allowed to return. The coach, athletic director and principal must approve any exception to this rule. Their decision shall be final.

7. TEAMS AND PRACTICES

Each Head Coach reports to the Athletic Director and Principal of Lifegate Christian School. Each Head Coach and his/her assistants are selected by the Principal with the approval of the Lifegate Athletic Personnel Committee.

We would like to select as many of our head coaches from our full-time faculty as possible. Faculty and staff will have first opportunity to become head coaches.

Boys will not be allowed to participate on girls teams and girls will not be allowed to participate on boys teams at any level.

Each Head Coach is responsible for his/her team. The Head Coach is permitted to select his/her team members, starters and style of play. Each Head Coach has full discretion in the selection of team member(s) to serve as Team Captains. The Head Coach has the responsibility of dealing with any issues of misconduct/poor sportsmanship that occurs during a practice, a game or while under the supervision of the Head Coach or his/her assistants.

Each Head Coach is responsible for setting practice times, when teams are expected to arrive for games or meet to travel to games. Each Head Coach may select the consequences for violation of any team rules (for example, arriving late for practice, games or travel, being unprepared for practice, getting a technical foul for arguing with officials).

At the start of each season, the Head Coach will give each student-athlete a written schedule of practice times and games. Schedules may change for a number of reasons, but this schedule will help student-athletes, parents, coaches and school staff plan for practice and game times.

Athletic practices and games, held outside of normal school hours will be limited to no more than five days within a 7 day week. This will allow athletes and their families to have at least two days a week (Sunday and another day) without a practice or a game. Practices or footage viewings held on Saturdays must be voluntary. Students cannot be penalized for missing a Saturday practice or footage viewing.

There will be no games scheduled on Wednesday and practice will not last beyond 5:00 PM on Wednesdays.

Whenever possible, varsity practice times will be held immediately after the conclusion of the school day. However, there may be reasons why teams may have to practice at other times. These may include availability of gyms, game schedules, and the schedules of our coaches, especially those who are part-time or volunteer coaches who have full-time jobs or college class schedules. Please be patient and understanding if we cannot accommodate all teams for practice immediately after the school day.

Schedules are set far in advance, usually before the start of the school year for most fall and winter sports. However, changes do occur during the season. Please review the schedule when setting family vacations so that you can minimize missed games and practices. **If you are unable to practice due to injury, you should be at every game and practice, unless excused by your Head Coach.**

Your teammates and coaches deserve to have a full team for every game and practice!

Student-athletes who are injured should work with their doctors and coaches to undertake therapy that will help them to recover from their injury. For example, our football players are encouraged to use the Saturday sports medicine clinics in surrounding communities.

Middle School student-athletes will also be asked to assist varsity teams as statisticians, ball boys and student assistants.

Coaches are expected to remain in the gym until all students have left campus. Parents are expected to pick-up their children at the conclusion of practice or when your children return from road games.

Participation on teams may be limited by many reasons, one of which is the availability of uniforms. As a general rule, uniforms are purchased in the off-season and are expected to last from 4-10 years. Many of these uniforms are "custom-made," so it is not easy or inexpensive to purchase additional uniforms, especially at short notice. If there are not adequate uniforms available, especially when mid-season additions are made, the Head Coach may decide to choose those student-athletes he/she wishes to suit up for each game.

In keeping with the teachings of Matthew 18, any issues with a team should first be discussed with the Head Coach, then the Athletic Director, and then the Principal.

8. TOURNAMENTS AND OVERNIGHT TRAVEL

During the course of a season, our teams may participate in various games and tournaments that require overnight travel. The Head Coach, Athletic Director and Principal will make decisions on overnight travel with the support of the Lifegate Booster Club and funds raised by the teams.

Parents and fans are encouraged to attend these events. In some cases, hotel rooms may be blocked by the school or other organizations, and they require credit card guarantees for payment. If fans make reservations through the school, they will be expected to pay for the room whether it is used or not.

Parents and fans that do not want to guarantee rooms for these events must make their own arrangements.

9. TRAVELING TO/FROM GAMES

The Head Coach has the authority to make decisions concerning travel to and from games. The Head Coach sets the time the team will leave, route

taken, and any stops made before and after the sporting event.

Players may be required to contribute a modest amount to the drivers for away games to help pay for gasoline costs for the drivers.

Each driver must keep a written roster of the student-athletes that are in their vehicle. The driver is responsible for bringing back the same student-athletes, although student-athletes may ride home with their parents or another parent who lives in the same community, but the student-athlete must notify and get written permission of the driver who brought them to the game.

Teams will travel in a caravan on the route decided. All vehicles need to stay together as much as possible. There should be no riders in vehicles other than the student-athletes and the children and families of the drivers.

Teams should stay together in as few vehicles as possible.

All vehicles must adhere to all traffic laws, including speed limits and seat belt laws.

As much as possible, we would like to avoid the expense of renting vans (usually about \$150 per day). Therefore, we need to know in advance (at least 5-7 days) who will be driving to games and how many additional athletes they can take with them.

Be sure your child has a healthy snack (fruit, energy bars, juice) to eat after school and before their game as well as adequate money for concessions and/or a meal following the game. We do not provide meals following games or when we travel to tournaments, including TCAL State Tournaments.

10. OTHER EXPECTATIONS – STUDENT- ATHLETES & PARENTS

As a student-athlete at Lifegate Christian School, you will be expected to assist in school projects (not limited to, but including the Chili Supper), assisting in keeping our athletic facilities clean and neat, and fund-raising which may help us to participate in tournaments, other events, and purchase new uniforms and equipment.

Team Captains will be expected to take a leadership role in these events.

The Lifegate Booster Club is an important support organization for Lifegate Christian School and our athletic program. Parents and friends of the athletic program are strongly encouraged to attend and participate in meetings and support the efforts of the Lifegate Booster Club.

The Lifegate Booster Club meets every month during the school year. Parents should plan to attend and be active participants.

Staging an athletic event, be it a varsity football game or a middle school track meet takes more than just a coach and players. It takes another team to be sure the event goes on successfully – drivers, ticket takers, chain crew, scorer and timekeeper, concession crew, and a clean-up crew, for example. Parents and student-athletes are expected to assist in these tasks to make every Lifegate Christian School event successful.

Jesus said in Matthew 5:16 *“Let your light shine before men, that they may see your good deeds and praise your Father in heaven.”* It is our goal to present our school’s athletic events in a way that Lifegate Christian School shines before men and glorifies God our Father.

If there are not enough volunteers when the schedule for workers is posted, the athletic department reserves the right to assign parents of student-athletes duties for home and away games. If we cannot get enough volunteers or assigned persons to cover our events, games and events may be cancelled or we will play more games away at other schools.

11. SCHOOL PROPERTY: FACILITIES AND EQUIPMENT

Lifegate Christian School is blessed to have athletic facilities and equipment that are not available at many other schools our size. We honor and respect those whom the Lord calls to provide these gifts to Lifegate. We will care for our facilities and equipment so that they will be available to those student-athletes who follow in our footsteps.

Facilities

Use of the gym or other school athletic facilities is limited to those practices and events that are supervised by coaches or school staff. If there is not a coach or designated school staff member physically in the gym, the gym is not open for student use. Any weekend, evening or summer “open gym” time must be scheduled through the Athletic Director and a responsible coach or adult must be designated to supervise the participants and remain in the gym until all participants have left the school grounds.

The sound system is limited to game use only. The Athletic Director must approve any music played on the sound system in advance. Any other use of the sound system is subject to disciplinary action.

Our gyms are not storerooms. Personal items should be put against the walls and not on the bleachers. They should be picked up immediately following use of the facilities. All equipment should be picked up and placed in its storage area. Any

personal items found in the gym will be turned over to the office.

During football games, the gym is open only for access to restrooms. Playing in the gym or going into other areas of the campus, including classrooms and playgrounds is not permitted.

All trash should be picked up and put in trash cans. Trash cans should be emptied and the gym or field should be cleaned up after games and other events.

The gym floor must be dry-mopped before every game.

Uniforms

Practice uniforms may be issued and are the responsibility of the student-athlete to maintain.

Student-athletes are expected to use school-supplied practice jerseys and uniforms. Other T-shirts and uniforms are not to be worn for practices. You will be expected to replace any lost practice uniforms. Discipline codes and other penalties may also be assessed.

It is our commitment to purchase high-quality uniforms for our student-athletes, but in order to justify this expense; we must treat our uniforms with special care so they may last many years.

Any loss or damage to uniforms or other school property will be charged to the student-athlete responsible for that property or the loss or damage. The cost to replace a single uniform (as much as \$150 per uniform when bought in a set) is significantly higher than the acquisition cost of that uniform when bought in a set, so damage/loss to a uniform can be very expensive!

Other School Property

All school property, including athletic equipment (balls, football pads/helmets/equipment, track equipment, weight equipment, etc.) and facilities should be treated with care. Any equipment needed for a sport (practice or game) should be taken from its proper storage area, used, and promptly returned to the storage area in the place where it is to be stored.

Storage areas should be locked at all times and opened only by Coaches to get items needed for practice and games. Locked storage areas are not to be kept open during classes, practices, games, etc.

Items for specific teams, such as varsity basketball should only be used for that team and returned to its proper storage area following use.

Home or away, gymnasiums, locker rooms and other facilities should be kept clean and free of trash. Personal items should be taken with you when you leave the facilities.

There are specific rules as to the use, supervision and storage of the weight equipment. All students may use the equipment only under the direct supervision of a Coach and must return all equipment to its proper position and lock the weight equipment. Failure to follow these rules will result in the closing of the weight room/area for two days to all students for each occurrence.

Any loss or damage to uniforms or other school property will be charged to the student-athlete responsible for the loss or damage.

12. MEDICAL EXAMINATIONS AND INSURANCE

Lifegate Christian School requires that all student-athletes have an annual physical examination.

All **Middle School** Athletes are required to have a **Pre-Participation Form** completed every year before their first practice, which includes a physical by a doctor. The Middle School athlete and all parents/legal guardians must also sign and return the **Lifegate Athletic Code of Conduct Form** before their first practice or the first day of school, whichever occurs first.

All **High School** Athletes are required to have a **Pre-Participation Form** completed every year before their first practice, which includes a physical by a doctor. The High School athlete and parents/legal guardians must also complete and return an **Acknowledgment of Rules, Concussion Form, Steroid Form, and Sudden Cardiac Arrest Form** all before the first practice. In addition to these forms, the High School athlete and all parents/legal guardians must also sign and return the **Lifegate Athletic Code of Conduct Form** before their first practice or the first day of school, whichever occurs first.

Lifegate Christian School provides a student accident insurance policy for all sports (except football) as a part of the school's activities fee. This coverage is secondary to any medical coverage carried by your family. The amount of coverage provided by this policy may not totally cover any charges for medical care.

All Middle and High School student-athletes are required to pay an athletic sports fee. These fees will be sport specific, meaning that a student will pay to play a sport. This will assist LCS in absorbing the cost per student to participate in their particular sport(s). The goal of an Athletics Sports Fee is to position Lifegate Christian School(LCS) to cover

some of the immediate expenses in conducting yearly sports. Though the fees will not cover 100% of the expenses to conduct each sport and fundraising is still a must, it enables LCS to actively be far more self-sufficient, ultimately leading towards a greater sustainability. Sports fees are due by the first game of the season for each sport. If the fee is not paid by the due date, the student-athlete will not be allowed to participate in any games until the fee is paid.

Listed below are the sports fees by specific sport:

VARSITY ATHLETICS – 2020-2021 Athletic Fees

Football: \$405 (Covers \$85 insurance fee)
Volleyball / Basketball: \$225
Cheer / Track: \$175

MIDDLE SCHOOL ATHLETICS – 2020-2021 Athletic Fees

Football: \$240 (Covers \$85 insurance fee)
Volleyball / Basketball: \$150
Cheer / Track: \$110

13. CONTEST RULES AND ELIGIBILITY

Lifegate Christian School is a member in good standing of the Texas Christian Athletic League (TCAL) and assigned to districts for various sports. As such, we are bound by a number of rules of the Association and its districts so as to provide a fair and level playing field for all member schools.

Middle School (Junior High School) teams (except football) are subject to the rules of the Christian Athletic League of San Antonio (CALSA), an independent organization. Middle School football players are subject to the rules of our junior high league, the South Texas Football Conference (STFC).

Generally, our league rules limit high school participation to four consecutive years, starting with Grade 9 and student-athletes must not have reached their 19th birthday by September 1 of the school year. Junior High leagues use 15 as the September 1 age limit and no 9th grade students may compete on junior high teams. Lifegate usually limits junior high participation to grades 6, 7 and 8.

Lifegate Christian School will not knowingly schedule any school or organization that does not accept these generally accepted rules of eligibility.

Violation of rules could result in a number of sanctions, including forfeiture of games, loss of eligibility, being ruled ineligible for playoffs, losing recognition of our athletes for All-District and All-State honors, and other penalties and fines. Lifegate Christian School is committed to full compliance with all TCAL rules and regulations.

We are committed to informing TCAL and other leagues if we believe that we have committed a violation of their rules. Lifegate Christian School will also inform TCAL and other leagues if we believe that another school has violated the rules of our leagues.

TCAL has instituted penalties and monetary fines for coach, player or fan ejections from a contest. It is the responsibility of the student-athlete, coach, or fan to reimburse Lifegate Christian School for the cost of the fine (which can go up to \$2000) and to serve any suspension or penalty as required.

We believe that courts of law are not the proper place to determine school athletic contests and rules. Any student-athlete or his/her parents who elect to use the civil courts to overturn an action concerning athletic eligibility or contest an athletic contest or decision by the school, districts, leagues or TCAL (such as a “temporary restraining order”) agrees to compensate Lifegate Christian School, the districts, leagues and/or TCAL and their representatives for the cost of defense of such action. Additionally, Lifegate Christian School may choose to suspend that student-athlete for up to two years.

All coaches are expected to be familiar with TCAL rules prohibiting inducement and tampering to encourage a student to transfer to Lifegate Christian School for athletic purposes. Coaches and athletic staff are not to discuss financial arrangements for any student with that student or his/her parents. Decisions on admissions, financial aid, reduced tuition and fees are to be made by school administration. Athletic participation and/or skill are not to be factors in decisions concerning financial aid.

Each student-athlete is required to have on file at the school a copy of the Physician Examination Form (all grades) and all other required documents as mentioned previously. **These forms must be filed with the athletic department every school year, preferably at the start of the school year but no later than the team’s first practice!**

TCAL rules provide minimum academic standards for athletic eligibility. Lifegate Christian School has chosen to enforce a higher standard than the TCAL rules.

All student-athletes must be eligible to compete for Lifegate Christian School under TCAL rules before that student-athlete is permitted to play in an interscholastic athletic event involving Lifegate Christian School. If there is any question about eligibility, it should be discussed with the Athletic Director prior to competition.

If a student-athlete has attended a secondary school (Grades 9-12) at any other school than Lifegate Christian School and participated in interscholastic athletics at any level at that school, a signed Transfer Form must be completed and filed with our District President and TCAL Office before that student-athlete can compete. There are deadlines based on the sports season for eligibility during that season. Please consult with your coach and the Athletic Director to insure that transfer students are eligible before competition.

If a student-athlete resides with someone other than their parent(s) or legal guardian, another form needs to be prepared for the District and TCAL Office. Please contact the Athletic Director if these rules apply to you or you have any questions about the eligibility of a student-athlete.

Lifegate Christian School will not provide a Transfer Form for any student-athlete leaving Lifegate who has an outstanding balance (tuition, fees, and lost or damaged school property). Families should allow a sufficient time for Lifegate to process these forms and not expect that school staff will “drop everything” so that the form can be completed at the last minute.

Home School students may only participate on a Lifegate sports team if there are eight or fewer Lifegate student athletes on the team. Student-athletes participating in the Home School Athletic Umbrella Program are held to the same standard as full-time students of Lifegate Christian School.

14. RESPONSIBILITIES OF PARENTS

We honor and recognize the sacrifices and involvement required of parents and student-athletes at Lifegate Christian School. To remain enrolled in the program, the parent or guardian agrees to maintain a supportive attitude towards the athletic director, coaches, and/or parent volunteers. Parents, as well as students, are expected to exhibit good sportsmanship at all athletic events.

Our expectations of parents include:

- † **School comes before sports.** Parents should expect their child to be passing and to use the resources of the school (study halls, tutoring, etc.) to maintain academic standing in order to remain eligible for participation. Please talk to your child’s teachers and coaches when you have concerns about their studies.
- † Be an example of good sportsmanship at games by making only positive comments about student-athletes, coaches, officials, and treating our opponents with respect.
- † Cooperate in helping with the concession stand, the ticket sales desk, transportation and other duties. Be an active participant in the Lifegate Booster Club.
- † 24 Hour Rule - The teachings of Matthew 18 govern concerns or complaints about our athletic program. If you have a concern or complaint, we ask that you wait 24 hours. We ask that you pray about the situation during that time, and then contact the coach that it concerns. First, contact the Head Coach if you have a complaint. If the complaint is not resolved, go to the Athletic Director and if the complaint is still not resolved go the Principal.
- † Ensure your child is healthy – proper sleep, nutrition, etc.

15. CONCLUSION

We are blessed to have a special group of young Christian men and women representing Lifegate Christian School. We know that they are capable of achieving the high standards that we as parents, faculty, coaches, teammates and fellow students expect of them.

The Lifegate Christian School Athletic Code of Conduct was adopted by the LCS Education Committee in June 2002 and revised in May 2019.

Parents and student-athletes must sign that they have read and accept the Lifegate Christian School Code of Conduct for Student-Athletes each year.

Thank you for the opportunity to work with these young men and women.

Please have the student-athlete and parent(s) sign the letter on the last page and return to the Athletic Department or school office by **the first mandatory practice. Cheerleaders must have these forms filed before summer camp.**

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School E-mail: lifegate@lifegateschool.org

Athletic Director: mpeters@lifegateschool.org

AD Administrative Assistant: kanderson@lifegateschool.org

Other Key Web Sites:

TCAL Website www.t-cal.org

STFC Website www.southtexasfc.weebly.com



2020-2021 Athletic Code of Conduct Acknowledgement of Rules

Please have the student-athlete and both parents/legal guardians sign the letter on the last page and return to the Athletic Department or school office **before the first mandatory practice.** **Cheerleaders must have these forms filed before summer camp.**

I have read and understand the LIFEGATE CHRISTIAN SCHOOL ATHLETIC CODE OF CONDUCT for 2020-2021 and agree to abide by these rules.

Student-Athlete

Date

We have read and understand this Code of Conduct and pledge our support.

Parent

Date

Parent

Date

MIDDLE SCHOOL STUDENTS (Incoming Grades 6-8): Pre-Participation Form (includes physical) and Lifegate Student Transportation Consent and Release Form must be completed and attached with this form.

HIGH SCHOOL STUDENTS (Incoming Grades 9-12): Pre-Participation Form (includes physical), Acknowledgment of Rules, Concussion Form, Steroid Form, and Sudden Cardiac Arrest Form must be completed and attached with this form.

Please check the sports you intend to participate in:

____ Cheer

____ Football

____ Volleyball

____ Basketball

____ Track

******Turn in this page ONLY to Lifegate Athletic Department please.******